

A photograph of Triton Regional High School, a brick building with a large American flag logo on the facade. The school is identified as a National Green Ribbon School. In the foreground, a long line of American flags on poles is planted in a grassy area. The scene is captured during the golden hour of late afternoon, with long shadows and warm lighting. The text 'TRITON Athletic Department Guidelines and Procedures' is overlaid on the bottom left of the image.

TRITON
Athletic Department
Guidelines and Procedures

Triton Athletic Department

VP/Athletic Director: Mr. Keith Williams

Asst. Athletic Director: Mrs. Holly O'Donnell

Athletic Secretary: Mrs. Jeannine Esposito

Athletic Trainer: Ms. Rachel Pantaleo

Affiliations



Tri-County Conference (local level)



South Jersey Interscholastic Lacrosse League (local level)



New Jersey State Interscholastic Athletic Association



National Federation of State High School Associations

Spring Season Teams Offered

Baseball: Coach Sarno

Golf: Coach Koehl

Boys Lacrosse: Coach Foster

Girls Lacrosse: Coach Winch

Softball: Coach Twardziak

Boys Tennis: Coach O'Neill

Boys Track: Coach Lewin

Girls Track: Coach Canzanese

Boys Volleyball: Coach Richards

Dept. Philosophy: A Shared Responsibility

As an Athletic Department, it is our duty and obligation to positively contribute in the development of the entire student-athlete, as we believe that athletics can play a tremendous role in the social and emotional development of each of our student athletes.

Dept. Philosophy: A Shared Responsibility

As a parent it is imperative to know, understand, and impress upon your child that they are students first and athletes second. Being a student first is a commitment to maximum effort in the classroom and with their schoolwork at all times. The educational and athletic achievements attained by our student-athletes will be reflected in positive memories, experiences and successes created both on the field and in the classroom.

Department Philosophy: Levels

● Freshman Team

- This level of a program provides 9th grade student-athletes with an opportunity to compete against others who are near the same age, size and ability.
- Student-athletes capable of making these teams should all be given an opportunity to play in every contest, if possible.

● Junior Varsity Team

- This program is primarily for the 10th and 11th grade student-athlete who is not yet ready to compete at the varsity level.
- Student-athletes capable of making these teams should all be given ample opportunity to play in as many contests as possible

● Varsity Team

- This level of a program is designed to compete against the best teams, or individual student-athletes, from other schools.
- The amount of playing opportunities are determined by the coach and a position on any team is not guaranteed from game to game, not to mention year to year.

Department Philosophy: Communication

During the course of a season, there may be issues or concerns that arise for the student-athlete. These may include a variety of topics including, but not limited to, playing time or level of team the student-athlete is placed on. If something should occur during the season, we ask the following Communication Steps are followed:

STEP 1: The student-athlete communicates their problem, question, or concern with the head coach during a scheduled meeting. This meeting must be scheduled at a convenient time for both parties and **should not occur immediately following a game. (student-athlete and coach)**

STEP 2: In the instance that the scheduled meeting from Step 1 does not satisfy both parties, then the parent, student-athlete and head coach shall schedule a meeting to discuss the problem, question or concern. The parent **should not confront a coach or demand a meeting immediately following a game or contest.** This meeting should be scheduled at a convenient time for all parties and must include the parent, student-athlete and the coach. **(student-athlete, parent and coach)**

Department Philosophy: Communication

STEP 3: In the instance that the scheduled meeting from Step 2 does not satisfy all parties, then the Athletic Director shall schedule a meeting to discuss the problem, question or concern. This meeting will include the **parent, student-athlete, coach and Athletic Director.**

STEP 4: If the meeting from Step 3 does not satisfy all parties, then the issue shall be taken to the Principal and a plan of action will be put into place at the Principal's discretion.

We firmly believe that in order for our student-athletes to learn the importance of self-confidence, further develop strong communication skills, demonstrate maturity and strengthen conflict resolution skills that they must be sure to fulfill Step 1 prior to any other course of action. We have found that in many instances an honest, open and respectful discussion and exchange of ideas between a coach and student-athlete can provide an agreeable resolution to most issues.

Athletic Insurance

All students are covered by the school's insurance policy as a secondary coverage.

In case of an injury suffered by the student-athlete, the parent or guardian's medical insurance will be used as the primary insurance and any costs beyond the primary carrier's coverage will then be covered by the school's policy.

If needed, the parent or guardian must obtain all necessary paperwork, and the Accident Report Form, from the Athletic Trainer's Office.

Once completed, they would submit all of the paperwork to the school for coverage to be enacted.

Student-Athlete Eligibility

In order to participate in interscholastic athletics, the student-athlete must meet all the eligibility requirements as established by the NJSIAA, Black Horse Pike Regional School District and Triton. These are as follows:

1. The student-athlete must have passed 15 credits at the close of the first semester in order to be eligible for athletic competition during the second semester (Feb. 1 to June 30);
2. All Sports Participation Forms, Physical packets and other materials are completed and approved.
3. Any outstanding fines or obligations must be rectified with the Vice-Principal's Office.
4. Any student-athlete who is on the Principal's Probation List will be ineligible until removed from list.
5. Student-athletes must be present in school to participate that day. Unless excused.
6. Any student-athlete with an Academic Improvement Plan (AIP) who does not meet the plan's conditions, will be ineligible to participate in any athletic practice, scrimmage or game until they have met the stated conditions. (completed mid-marking period and end of marking period by the VPs)

Student-Athlete Sportsmanship

A student-athlete is a visible representative of Triton Regional High School in the hallways, on the fields and in the community.

The student-athlete's attitude and conduct reflect the standards and accepted practices of the Triton community.

Participation in athletics is a privilege that is earned by our student-athletes. As such, they must strive to meet our expectations for scholastic achievement and serve as role models for the rest of the student body by always exhibiting proper actions and behaviors.

If at any time the student-athlete's citizenship, behavior or classroom performance falls below the accepted standards, the privilege of representing Triton on our athletic teams may be denied or rescinded, resulting in the student-athlete being suspended or removed from a team by the administration.

Student-Athlete Sportsmanship

Student-athletes are visible representatives of Triton both on campus and off campus whose behaviors are often scrutinized.

- Student-athletes must be committed to fair play. Intentional acts of unsportsmanlike behavior or cheating will not be tolerated.
- When representing their teams during competition, student-athletes will exercise self-control in all ways including, but not limited to, resisting the use of profanity, demonstrating unnecessary aggression or hostility towards others, making inappropriate physical gestures, taunting or excessively celebrating, and disrespecting coaches, officials, teammates or opponents.
- Student-athletes are prohibited from interacting in any negative way with fans.
- Student-athletes are subject to more stringent protocols with social media.
- **“Student-Athlete Participation Agreement”**
- NJSIAA Disqualification Rule:
 - 1st Violation: Season of 12+ games: 2 game suspension from NJSIAA and 2 games from Triton.
 - Season of less than 12 games: 1 game suspension from NJSIAA and 1 game from Triton.
 - 2nd Violation: Removal from team

Spectator Policies: Sportsmanship

Good sportsmanship is one of the key areas of emphasis for all our teams and student-athletes. We wish to maintain a safe and healthy atmosphere for our student-athletes and coaches to compete.

As a co-curricular activity, the field or court serves as an extension of the classroom, so it is expected that all behavior surrounding our athletic classrooms reflect the same atmosphere that we demand in our academic classrooms. Spectators should remain positive and not allow their emotions to interfere with the competition in any manner.

Any person failing to display good sportsmanship will be asked to leave the event and prohibited from attending future athletic events.

SPECTATOR DOs:	SPECTATOR DON'Ts:
1. Respect a good play, no matter who makes it	1. Disrespectful yelling, taunts or gestures
2. Respect the judgement and strategy of the coach	2. Booing, heckling or criticizing an official's decision
3. Accept all decisions of officials	3. Use of profanity or displays of anger
4. Encourage those around you to be positive	4. Confronting a coach or game administrator
5. Respect those around you and their property	5. Coaching student-athletes from the sidelines

Spectator Policies: Live-Streaming

We are pleased to offer our Triton community, area sports fans and our visiting team's fans live streaming video coverage of our Triton athletic events held in the main gym or in the stadium. Watch the action "live" or "on-demand" later.

These athletic events, as well as other school events, are available at **[NFHS Network: Triton Regional High School](#)**

Parental Transportation Forms

In order to transport their student-athlete, the parent or guardian must complete the **Parental Transportation Form** and submit the completed form to the Triton Athletic Office or the team coach.

- The form may be completed for an individual game or for the entire season (specific dates are required).
- Student-athletes are not permitted to drive to away games on their own.
- Coaches cannot allow a parent or guardian to take the student home from a game without a completed transportation form.
- The form is required any time district transportation is provided.

Updates

- Triton Athletics Website
- For schedules updates, use Rschool
 - “Notify Me”: through the website
 - Download the rSchooltoday app
- Follow Triton Athletics on Twitter for news, scores, updates and cancellations
 - **@MustangAth**





THANK YOU!!

@MustangAth